

40 Days Upon Our Knees: A Call to Prayer

October 2nd– November 10th, 2016

"I have been driven many times **upon my knees** by the overwhelming conviction that I had no where else to go. My own wisdom and that of all about me seemed insufficient for that day.

-Abraham Lincoln

"If my people, who are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then I will hear from heaven, and will forgive their sin, and will heal their land."

-2 Chronicles 7:14



Week 1: A Call to THANKFULNESS

“If my people, who are called by MY name...”

You are God’s own child, how often do you take time just to thank Him for that opportunity? What would happen if you, your community, our whole nation fell to our knees in THANKFULNESS to our God?!

Day 1, Sunday, October 2nd, 2016

Scripture: “See what great love the Father has lavished on us that we should be called children of God! And that is what we are!” -1 John 3:1

Prayer Challenge: -Pray, thanking God for the privilege of being one of His children.

- Pray for the people of ALABAMA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 2, Monday, October 3rd, 2016

Scripture: “The Spirit Himself testifies with our spirit that we are God’s children.” - Romans 8:16

Prayer Challenge: -Pray that the Holy Spirit would guide and counsel you, and thank Him for His presence in your life.

-Pray for the people of ALASKA and ARIZONA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 1: A Call to THANKFULNESS

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You are God’s own child, how often do you take time just to thank Him for that opportunity? What would happen if you, your community, our whole nation fell to our knees in THANKFULNESS to our God?!

Day 3, Tuesday, October 4th, 2016

Scripture: “But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light.” 1 Peter 2:9

Prayer Challenge: -Thank God that He has called us out of darkness and into His wonderful light.

-Pray for the people of ARKANSAS today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 4, Wednesday, October 5th, 2016

Quotation: “Come ye thankful people come, Raise the song of harvest home; All are safely gathered in, ere the winter storm begin.”

-Henry Alford

Prayer Challenge: -Thank God for the harvest and the ways He provides for our physical needs.

-Pray for the people of CALIFORNIA. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 2: A Call to HUMILITY

“will HUMBLE themselves...”

So often we think our way is best because it is OUR way... are you willing to humble yourself and get on the Jesus Way? What would happen if you, your community, our whole nation fell to our knees in HUMILITY to our God?!

Week 1: A Call to THANKFULNESS

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Day 5, Thursday, October 6th, 2016

Scripture: “Praise the Lord. Praise God in His Sanctuary; Praise Him in His mighty heavens. Praise Him for His surpassing greatness. Psalm 150:1-2

Prayer Challenge: - Thank God for our church family and pastors.

-Pray for the people of COLORADO today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 6, Friday, October 7th, 2016

Prayer Challenge: Thank God today for family and friends. Thank Him for giving you these people to share your life with.

Pray for the people of CONNETICUT. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 7, Saturday, October 8th, 2016

Quotation: “The love of God is greater far than tongue or pen can ever tell.; It goes beyond the highest start and reaches to the lowest hell.” -F.M. Lehman

Prayer Challenge: -Thank God for His unconditional love; a love that made a way for us to be forgiven because of Jesus Christ.

-Pray for the people of DELAWARE. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN THANKFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 8, Sunday, October 9th, 2016

Scripture: “For me to live in Christ and to die is gain.”
Philippians 1:21

Prayer Challenge: -Pray to clothe yourself in humility and truth by allowing the Holy Spirit to work in you so deeply, that people will start to see Jesus in your life and not the prideful person you used to be.

-Pray for the people of FLORIDA AND GEORGIA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Day 9, Monday, October 10th, 2016

Quotation: “Anyone who wants to be first must be the very last.”
Jesus

Prayer Challenge: Pray that Christians in the workplace will demonstrate extraordinary ethics and shine as witnesses for Christ.

-Pray for the people of IDAHO Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 2: A Call to HUMILITY

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Day 10, Tuesday, October 11th, 2016

Scripture: “He must become greater; I must become less.” -John 3:30

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Prayer Challenge: -Pray for the teachers, coaches, mentors, and administrators in our area schools. May they teach and lead with a spirit of humility and a passion to fill our students with a knowledge that can change the world.

-Pray for the people of ILLINOIS today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 11, Wednesday, October 12th, 2016

Scripture: “Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.” Philippians 2:3

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Prayer Challenge: - Pray that God will teach you His ways and show you how you may clothe yourself in Godly humility towards one another.

-Pray for the people of INDIANA Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 12, Thursday, October 13th, 2016

Prayer Challenge: -Pray for someone in your life who you can be a blessing to today.

-Pray that there will be a growing number of people in your city or community, trusting Christ as their Lord and Savior.

-Pray for the people of IOWA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 13, Friday, October 14th, 2016

Challenge Question: What do I need to let God handle in my life?

Prayer Challenge: Pray that my life may be a reflection of Him and that the deep humility, meekness, and goodness that was so evident throughout His entire life may be reflected in me.

-Pray for the people of KANSAS Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 14, Saturday, October 15th, 2016

Repeating prayer for the Day: Father help me to trust You with every detail of my life.

Prayer Challenge: Pray for the police officers, EMS, and fire fighters as they serve in our neighborhoods. May they be moved by God to seek what is honorable, just and moral.

-Pray for the people of KENTUCKY. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 3: A Call to FAITHFULNESS

“and pray, and seek my face...”

It is so easy to SAY you want to make a full commitment to God... but only His Holy Spirit can cause you to truly be FAITHFUL day in and day out. What would happen if you, your community, our whole nation fell to our knees in FAITHFULNESS to our God?!

Day 15, Sunday, October 16th, 2016

Scripture: So you shall observe to do just as the LORD your God has commanded you; you shall not turn aside to the right or to the left. Deuteronomy 5:32

Challenge Questions: When do you take your focus off of God? What are the results when your FAITHFULNESS swerves allegiances? Are there larger implications for your family, your team at work , your community, our nation?

Prayer Challenge: - Pray for the power of God to redirect your thoughts, conversations, and actions to align with those of Jesus. Pray for the power to remain faithful when it is hard to do so.

-Pray for the people of LOUISIANA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 16, Monday, October 17th, 2016

Quotation: President George Washington's nephew, George Lewis, once told a Washington biographer that "he had accidentally witnessed [the general's] private devotions in his library both morning and evening and that on these occasions he had seen him in a kneeling position with a Bible open before him and that he believe such to have been his daily practice."

Challenge Questions: Why do you think President Washington spent so much time in God's Word? How could his daily FAITHFULNESS serve as witness to us as Americans in our own time and place? The very first leader of our nation was faithful to our God, how did that impact our nation and its people?

Prayer Challenge: - Pray for God to give you the daily discipline and power to spend time in God's Word, seeking His direction, seeking His face. Pray that God will challenge you to start a Bible study in your lunch table group, the people you workout with, those you spend your free time with, your colleagues or fellow students. Imagine what would happen in your community if small groups of your neighbors were faithfully seeking God's Word and face on their knees "morning and evening."

-Pray for the people of MAINE today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 17, Tuesday October 18th, 2016

Scripture: “Call to me and I will answer you, and will tell you great and hidden things that you have not known.” Jeremiah 33:3

Challenge Questions: Do you earnestly seek God when you are faced with decisions in your life? Or, do you rather make a decision on your own and then ask God to bless your decision and make everything turn out right? God says come to Him with everyday decisions and with huge life, family, community, state, nation, world decisions. How can you start that pattern in your own life and home? How can you teach your children and grandchildren to seek God's will in their thoughts, words, and actions? How can you challenge friends and classmates to seek God's design instead of their own?

Prayer Challenge: - Pray that you will pray! Pray that you will actually listen for what God has to say on matters in your life vs. just expecting God to conform to your designs. Pray that His power will overwhelm your innate desire to do things your way. Pray that God will bring you to your knees in FAITHFUL trust of His ways, and pray that you will inspire your family and community, our nation, to do the same.

-Pray for the people of MARYLAND today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 18, Wednesday October 19th, 2016

Quotation: The acid test of our faith in the promises of God is never found in the easy-going, comfortable ways of life, but in the great emergencies, the times of storm and of stress, the days of adversity, when all human aid fails. – **Ethel Bell**

Challenge Questions: Many people believe that our nation is in great emergency at this time, facing storms and stress of all kinds. What has been your reaction to the challenges you face in your everyday life? What has been your reaction to the large news events that chronicle unrest and hatred in our nation? Have you fallen upon your knees in prayer? How could you let God change the way you react to these times of adversity so that you seek God's face when pressed?

Prayer Challenge: -Pray that your FAITHFULNESS will increase as your life, your family, your community faces tough challenges and storms. Pray that you "will consider it an opportunity for great joy" knowing that "when your faith is tested, your endurance has the chance to grow. (James 1: 2-3). Pray that you will inspire neighbors and friends to praise God in the adversity, knowing it is only in these times when faith and dependence on God increases.

-Pray for the people of MICHIGAN. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 19, Thursday, October 20th, 2016

Scripture: “Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your toil is not in vain in the Lord.” -1 Corinthians 15:58

Challenge Questions: What has God asked YOU to do—not what does culture tell you to do, or what does your desire to have more tell you to do, or what do you feel obligated to do...*what does God say?* Have you asked Him? If you are FAITHFUL to the work that God lays before you, everything you do can glorify God—how can you bring glory God at work, home or school today? How could your submitting to God affect those around you?

Prayer Challenge: - Pray that you will allow God to show you the work He has for you at this time and in this place. Pray that you will stand immovable on God instead of on your own power. Pray that your steadfastness on God will impact your family and community in real ways.

-Pray for the people of MINNESOTA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 3: A Call to FAITHFULNESS

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Day 20, Friday October 21st, 2016

Quotations: "Whatever shall appear to be God's will, I will do." [September 13, 1862] Abraham Lincoln.

"I have so much to do today, I must spend several hours in prayer before I am able to do it." John Wesley

Challenge Questions: When was the last time you began your day with real time in prayer about what God would will for your day? *Do you really believe that God will speak if you listen?* Could you ask a neighbor or friend to share time in prayer with you to discern God's will for community today? Wonder what would happen if we adopted John Wesley's approach to his daily life? How could our nation be impacted for God if YOU made this change?

Prayer Challenge: - Pray for God to wake you up and then send you upon your knees each and every morning. Pray that you will seek God's face, seek God's will, and then that God will drown out the thousand other voices in your head so that you only hear His voice. Pray that you will listen to it!

-Pray for the people of MISSISSIPPI today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 21, Saturday, October 22nd, 2016

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Scripture: It was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery.
Galatians 5:1

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Challenge Questions: How can increased FAITHFULNESS result in increased freedom? How could standing firm on Jesus keep you from the vicious "yoke of slavery" that wants to keep you bound up, running the rat race, constantly checking behind you? How is the freedom in Jesus different from the freedom of the world? How can our standing in Jesus' freedom impact our families, our communities, our nation?

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Prayer Challenge: Pray that you will live in God's freedom today. Pray that this freedom will change the way you interact with your family, your colleagues, your classmates, your community. Pray that Jesus' freedom will send you upon your knees today so that the power of Satan that aims to enslave you will have no place in your life. Pray that you will allow God to increase your FAITHFULNESS and that each day you will pray, and seek His face. Pray that God will impact your family and community because of your steadfastness in Him.

Pray for the people of MISSOURI today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN FAITHFULNESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 4: A Call to REPENTENCE

“turn from their wicked ways...”

God calls us to walk alongside each other. Part of this is calling out sin and allowing others to call out sin in YOUR life, too. What would happen if you, your community, our whole nation fell to our knees in REPENTENCE to our God?!

Day 22, Sunday, October 23rd, 2016

Scripture: “Oh Lord you have searched me and You know me. You know when I sit and when I rise; You perceive my going out and my lying down. You are familiar with all my ways. Before a word is on my tongue, you know it completely, O Lord.”- Psalm 139:1-4

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Prayer Challenge: -Pray that God would show you things in your life that come before your relationship with Him.

-Pray for the people of MONTANA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN HUMILITY. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 23 Monday, October 24th , 2016

Scripture: “Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.” -Colossians 3:13

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Prayer Challenge: . Pray that God would show you things in your relationships that need to be forgiven or persons you need to ask to forgive you.

-Pray for the people of NEBRASKA. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 4: A Call to REPENTENCE

“turn from their wicked ways...”

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Day 24, Tuesday, October 25th, 2016

Scripture: “Search me, O God, and know my heart. Test me and know my anxious thoughts. See if there is any defensive way in me, and lead me in the way everlasting.” -Psalm 139:23-24

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Prayer Challenge: Pray today, asking God to show us as a church the things that are displeasing to Him and the things that bring Him Glory!

-Pray for the people of NEVADA. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 25, Wednesday, October 26th, 2016

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Scripture: “Because he loves me,” says the Lord, “I will rescue him, for he acknowledges my name.” -Psalm 91:14

Prayer Challenge: Pray that God would be with your thoughts. Pray that God’s Spirit would be louder than the distractions that clamber for your attention.

-Pray for the people of NEW HAMPSHIRE and NEW JERSEY. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 4: A Call to REPENTENCE

“turn from their wicked ways...”

God calls us to walk alongside each other. Part of this is calling out sin and allowing others to call out sin in YOUR life, too. What would happen if you, your community, our whole nation fell to our knees in REPENTENCE to our God?!

Day 26, Thursday, October 27th, 2016

Scripture: “In the morning, O Lord, you hear my voice. In the morning I lay my requests before you and wait in expectation.” -Psalm 5:3

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Prayer Challenge: -Pray that the churches of our nation will deepen their commitment to prayer and never cease to call upon the Lord.

-Pray for the people of NEW MEXICO AND NEW YORK today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 27 Friday, October 28th, 2016

Quotation: “Only God Himself fully appreciates the influence of a Christian mother in the molding of character in her children.” -Billy Graham

Prayer Challenge: Pray for all parents and grandparents; that they would be God-honoring influences in the lives of our children.

-Pray for the people of NORTH CAROLINA. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 4: A Call to REPENTENCE

“turn from their wicked ways...”

God calls us to walk alongside each other. Part of this is calling out sin and allowing others to call out sin in YOUR life, too. What would happen if you, your community, our whole nation fell to our knees in REPENTENCE to our God?!

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Day 28, Saturday, October 29h, 2016

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Quotation: “ Those outside the church expect followers of Christ to live differently, yet today many in church are chasing after the world—not to win them, but to be like them.” -Billy Graham

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Prayer Challenge: -Pray that we, as the children of God, will arise! Pray that God will use us to share His love and that we would not be chasing the ways of the world.

-Pray for the people of NORTH DAKOTA AND OHIO today. Pray for those who know Jesus that they will fall upon their knees today in prayer, IN REPENTENCE. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 5: A Call to FORGIVENESS

“then I will hear from heaven, and will forgive their sin...”

FORGIVENESS implies the total end of holding onto anger or resentment because of an offense. Do you struggle with this? How does it feel to know that our God is so liberal with forgiveness? What would happen if you, your community, our whole nation fell to our knees in seeking FORGIVENESS from our God and seeking to FORGIVE one another?!

Day 29, Sunday, October 30th, 2016

Scripture: “Take away my sin, and I will be clean, wash me, and I will be whiter than snow.” Psalm 51:7

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Prayer Challenge: -Pray for forgiveness for the wrongs that you have done, and for the things that you have neglected.

-Pray for the people of OKLAHOMA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, SEEKING FORGIVENESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 30, Monday, October 31st, 2016

Quotation: “The first to apologize is the bravest. The first to forgive is the strongest. And the first to forget is the happiest!” -Anonymous

Prayer Challenge: Pray for the people you have hurt along the way. Also, pray for those who you have failed to love as Christ would love.

-Pray for the people of OREGON. Pray for those who know Jesus that they will fall upon their knees today in prayer, SEEKING FORGIVENESS. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Week 5: A Call to FORGIVENESS

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Day 31, Tuesday, November 1st, 2016

Scripture: “Be kind and compassionate to one another, forgiving each other, just as Christ our God forgave you,” Ephesians 4:32

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Prayer Challenge: -Pray for our leaders in the U.S. Senate and House of Representatives. If there is any corruption, pray that our leaders would repent and ask for forgiveness.

-Pray for the people of **OUR HOME STATE OF PENNSYLVANIA** today. Pray for those who know Jesus that **WE** will fall upon their knees today in prayer, **SEEKING FORGIVENESS**. Pray for those who do not know Jesus that **WE** will call upon His name and receive His Spirit.

Day 32, Wednesday, November 2nd, 2016

ACTION CHALLENGE: SPEND THE DAY FASTING FROM SOMETHING (EXAMPLES: FOOD, COFFEE, FACEBOOK, TV, GOSSIP, INTERNET)

Prayer Challenge: Pray for the words that you speak today. May they be encouraging and uplifting. May your words be used to build someone up instead of tearing them down. Avoid negative talk today. **Speak Life!**

-Pray for the people of **RHODE ISLAND AND SOUTH CAROLINA**. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING FORGIVENESS**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 5: A Call to FORGIVENESS

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Day 33, Thursday, November 3rd, 2016

Scripture: “May the words of my mouth and the meditations of my heart be pleasing in your sight, Lord, my rock and my Redeemer.” — - Psalm 19:14

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Prayer Challenge: -Pray for your thoughts today. Ask God to forgive any displeasing thoughts today. What are you focusing on?

-Pray for the people of **SOUTH DAKOTA AND TENNESSEE** today. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING FORGIVENESS**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 34, Friday, November 4th

Quotation: “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” - Colossians 3:13

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Prayer Challenge and Question: Pray for a non-judgmental spirit. “Help me to see others the way my Heavenly Father sees them. Instead of judging someone today, who can I give a listening ear to today?”

-Pray for the people of **TEXAS**. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING FORGIVENESS**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 5: A Call to FORGIVENESS

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forgive their sin...”**

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Day 35, Saturday, November 5th, 2016

Scripture: “Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.” Hebrews 12:2

Prayer Challenge: -Thank God for sending his son, Jesus, who unselfishly endured the pain and suffering on a cross to take on the sins of the world, including yours!

-Pray for the people of **WASHINGTON** today. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING FORGIVENESS**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

Week 6: A Call to SEEK HEALING

“and heal their land...”

HEALING is restoration and fullness. What would happen if you, your community, our whole nation fell to our knees **SEEKING HEALING** from our God?!

Day 36, Sunday, November 6th, 2016

Scripture: "The thief comes only to kill and steal and destroy. I came that they might have life, and have it abundantly." John 10:10

Challenge Questions: Why does God have to remind us that He is the bringer of full life? Why do we so often allow Satan the power to steal and kill and destroy in our lives? God wants to **HEAL** and restore every part of your life that Satan has infected, how can you allow God to heal you? Where are the destroyed parts of your life, your family, your community, our nation? Will you commit to trust God to restore these areas or are you too afraid to give up control? Is the unknown too scary to you?

Prayer Challenge: - Pray that God's Holy Spirit will overwhelm the dark places of your own life and the lives of your family and community. Pray that God might use **YOU** as a carrier of His **HEALING** power in our land.

-Pray for the people of **WEST VIRGINIA AND WISCONSIN** today. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING HEALING**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 37, Monday, November 7th

Today is the day before Election Day. Pray in earnest today for each candidate running (can you do it or are you too filled with anger and frustration?), and pray that God will give you wisdom as you vote. Remember that God is in control. He already knows who will fill each vacant post in our government. God is in control, and He reigns as King forever.

Quotation: “Fear imprisons, faith liberates; fear paralyzes, faith empowers; fear disheartens, faith encourages; fear sickens, faith heals; fear makes useless, faith makes serviceable.”

-Harry Emerson Fosdick

Challenge Questions: Where in your life do you let fear control you? What is the result? As you consider your own life, your community, and our nation, where are we imprisoned, paralyzed, sick, and useless? What could God HEAL in these areas?

Prayer Challenge: - Pray for you to let God's power override fear. Pray that you will allow God to HEAL broken relationships in your life, even if it means that you might have to make some big changes in your thinking, words, and actions. Pray that the sin you have confessed to God, will no longer have any power in your life. Pray for HEALING and restoration in your community through real FAITH that liberates, empowers, and encourages.

-Pray for the people of WYOMING AND PUERTO RICO today. Pray for those who know Jesus that they will fall upon their knees today in prayer, SEEKING HEALING. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 38, TUESDAY, NOVEMBER 8TH, 2016

Today is Election Day. Pray in earnest today for each candidate running (can you do it or are you too filled with anger and frustration?), and pray that God will give you wisdom as you vote. Remember that God is in control. He already knows who will fill each vacant post in our government. God is in control, and He reigns as King forever.

Scripture: “But seek first the kingdom of God and his righteousness, and all these things will be added to you.” Matthew 6:33

Challenge Questions: What do you seek first? How is that impacting your life for God? How is it affecting your family and your community? What would happen if you make a commitment to seek God first—what could be HEALED and restored? What if your commitment impacted others in your community, our state, the nation? What would happen if our whole nation sought God first?

Prayer Challenge: - Pray for all of the candidates running for office (this might be a hard challenge!). Pray for those who will win and those who will lose today. Pray for voters in your family and community. Pray for young people who will vote for the very first time. Pray that each of us will seek God first, knowing that it is only He who can heal our hurting land

-Pray for the people of WASHINGTON D.C. AND AMERICAN SOMOA today. Pray for those who know Jesus that they will fall upon their knees today in prayer, SEEKING HEALING. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 39, Wednesday, November 9th, 2016

As you learn of the results in all elections today, you might have some sense of shock, anger, frustration or despair. Remember that God is the King you have chosen for your life. Pray for all the newly elected officials, that they will become men and women after God's own heart.

Scripture: “Restore to me the joy of your salvation, and uphold me with a willing spirit.” Psalm 51:12

Challenge Questions: What emotions do you feel today? Are you passionate or apathetic—about what? How will you allow God to be your joy and salvation moving forward? Where are you stubborn and have your heels dug in? How could God restore your joy for Him?

Prayer Challenge: Pray for our nation today. Pray that whatever the results of yesterday's election are, that you will live into the full joy of salvation that Jesus has laid out for you. Pray that you will let God rule your life so that you can be effective for Him in your family, community and in our nation. Pray most of all that your heart is willing for Jesus—willing to submit to His designs above all else.

Pray for the people of U.S VIRGIN ISLANDS, GUAM AND MIDWAY ISLANDS today. Pray for those who know Jesus that they will fall upon their knees today in prayer, **SEEKING HEALING**. Pray for those who do not know Jesus that they will call upon His name and receive His Spirit.

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Day 40, Thursday, November 10th, 2016

Today is Day 40 of “40 Days Upon our Knees.” As you conclude this prayer challenge, let this not be your final day of prayer. You have created this habit, and it can sustain you, uphold you, change your life and the lives of your family, neighbors, and our nation. This is just the beginning. Tomorrow, wake up and continue praying just as you have for the past 40 days. See what God is doing and **WILL DO**. **YOU** are called by God's own name—**YOU** are His! will you humble yourself enough to commit to time on your knees in prayer each day? Will you repent and seek God's face, voice and Word? Will you allow God to change you from the inside out and bring restoration to your life?

Scripture: If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. 2 Chronicles 7:14

Prayer Challenge: Pray upon your knees today. Pray that you will have "no where else to go" except to Jesus.

**THIS IS JUST THE BEGINNING!
PRAY FOR YOUR FAMILY,
YOUR COMMUNITY,
OUR NATION,
THE WORLD.**

**GOD IS BEGGING YOU TO GET UPON
YOUR KNEES IN FERVENT PRAYER!**



